Pate Started Tracking: <u>Habit Builder</u> "Sheet App" Name:						
Habits						
	Daily Habit Amo	unt To Do (Mins F	Pages Etc)			
Daily Habit Amount To Do (Mins, Pages, Etc)						
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How Many Days Done, Totals (?/38 Days):						

Instructions: Each day, in a cell underneath the habit name give a checkmark if you have completed the daily amount for that habit.